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Finding Your Life Purpose



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Always ask the right questions



Ask the right questions, those that take us beyond the tip of the iceberg, right into the unseen depths, into the guts!

We need to pose the questions and dive in deeper and deeper for the answers, no shallow thoughts, but clearly defined ideas that can be brought alive and out into the world.

Your world! Our world!

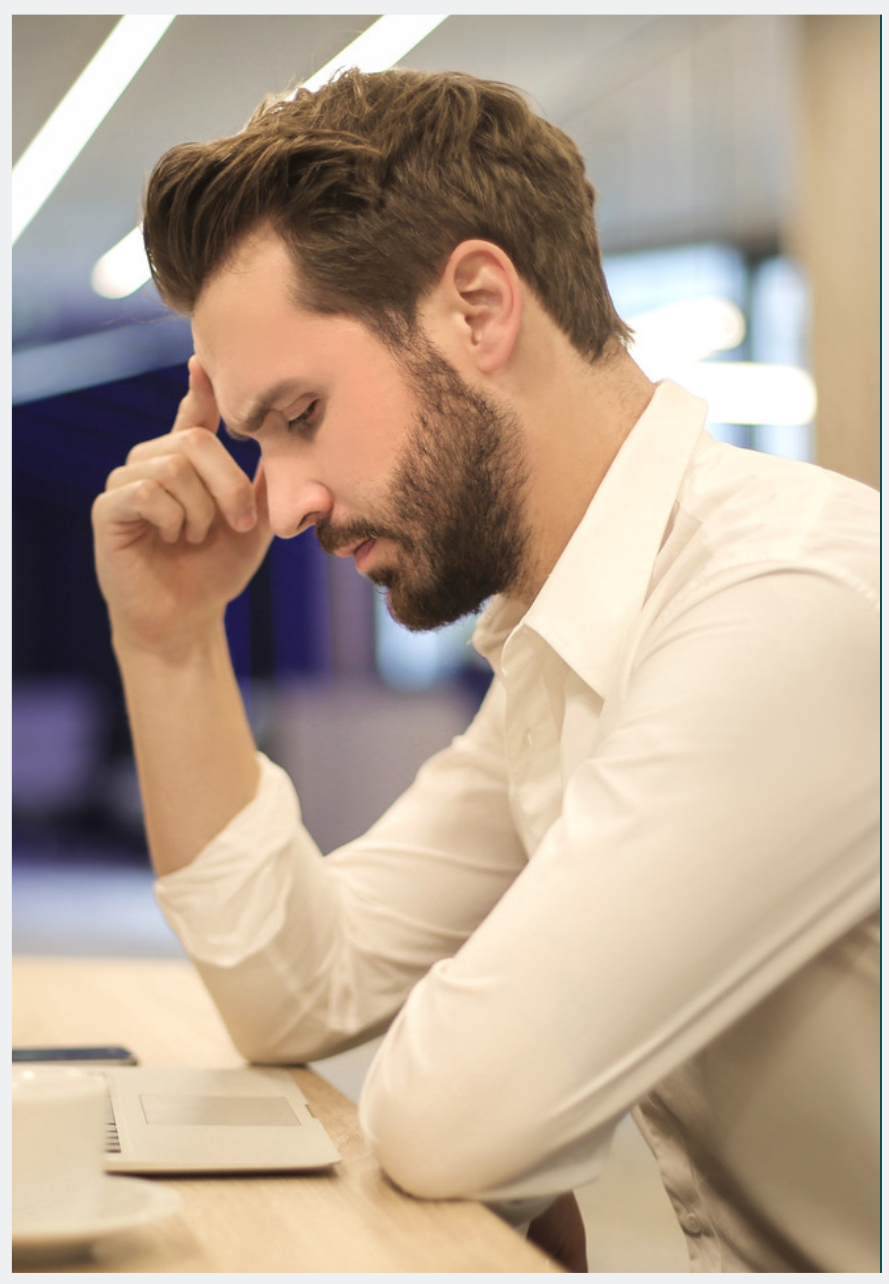


To get the right answers!

You will know when you have hit paydirt, you will feel it, it will feel vaguely familiar and right for you.

It was always there, sometimes inviting you to enquire, but now you will know it with certainty. Dont let the negativity of the ego-mind interfere with your process!

Solving yours and the world's problems



Let's face it, life isn't exactly trouble free is it?

There are always challenges that we personally need to overcome, so here is a chance to identify, what it is that stands in the way of you reaching your fullest potential?

What is it you need to resolve in order to move forward?



Our world needs your help!

Deep down inside, we all know what is unsustainable in our world.

We just know it!

So what is it, what area of interest or desire to change is most prominent for you? So much needs changing in the way we treat our environment, educate our kids, the inequalities, politics, finance, poverty, food production, corporate greed, etc., etc.

Your task is to find the area you are most passionate about, the area of life you feel is most important for you to change and improve. Having some skills is useful, but not mandatory.

What is that voice on your shoulder asking?



You know how sometimes there is a little voice whispering in your ear, to go this way or that?

To choose this or that?

Or this is what you could or should be doing.

Who is that speaking, softly in my ear?

Well rarely is it a direct, loud and distinctive call, but it is a call nonetheless.

So we need to pay attention and listen!

What is this voice saying?

What is being asked of you?

What are you being encouraged to contribute to, in order to make yourself and the world a better place?

Call it what you will, but this voice is real, it belongs to a higher aspect of yourself and will never give up its encouragement for you to follow your chosen path. Listen!



What is your gift?



I believe we all have a gift to share.

No matter how small it may appear, this gift can change people's lives.

We are not talking about some tangible, expensive or inexpensive gift here. What we are referring to is a quality, ability, value, skill or characteristic that can be shared with others

It is an inner gift such as compassion, love, kindness, caring, or an outer expression of that materialised



You may play the piano, chop wood, be of service to others, put into action your training, services, creations, products, or any other aspect of yourself you can offer.

Never underestimate what you have inside you that can help, pacify, give hope, heal, motivate or inspire people.

You may never know what a difference you have made in people's lives.

We can't all be Mahatma Gandhi's or Mother Teresa's, but we can all make a difference!

Being of value

Our values by which we live, will determine our actions and outcomes in the world.

When we embrace good human values such as compassion, understanding, appreciation, forgiveness, humility, bravery and courageousness, to name just a few, we can add immeasurable value to life.



It is not enough to just express our values verbally, we have to embody and live them every day!

In your quest to uncover and live your Life Purpose, you will be provided with countless opportunities to add value to any given moment, be it an act of sharing, caring, helping, consoling and the myriad of solutions to situations that life dishes up for us.

What you say or do to contribute to the resolution of a problem or situation is adding value.

So some deep contemplation on how you can add value, become a problem solver, trouble shooter or whatever label is appropriate, is needed here.

What do people need?



We all have needs, ranging from the obvious basics like food, clothing, shelter and transport, to physical, mental, emotional and spiritual needs.

Our needs vary widely, depending on a lot of prevailing circumstances and when not met, result in discomfort, discontent, disruption, disappointment and a whole gamut of emotions.

Meeting the needs of people, particularly those who may not be so adept at dealing with life's challenges, is imperative to maintaining peace, balance, harmony and wellbeing in the world.



By identifying what people around you need, you can match them to your skills and the gift(s) you have and provide their requirements in whatever form that takes.

By being of service to others, you not only fulfill your Life Purpose, but you make a difference in people's lives, increase your own consciousness and make the much needed changes in our world.

Grabbing those opportunities

When the doors of opportunity crack or swing wide open, we need to spring into action!

So we need to look around us and determine what opportunities are arising that fit our skill set, or the gift we have to share.



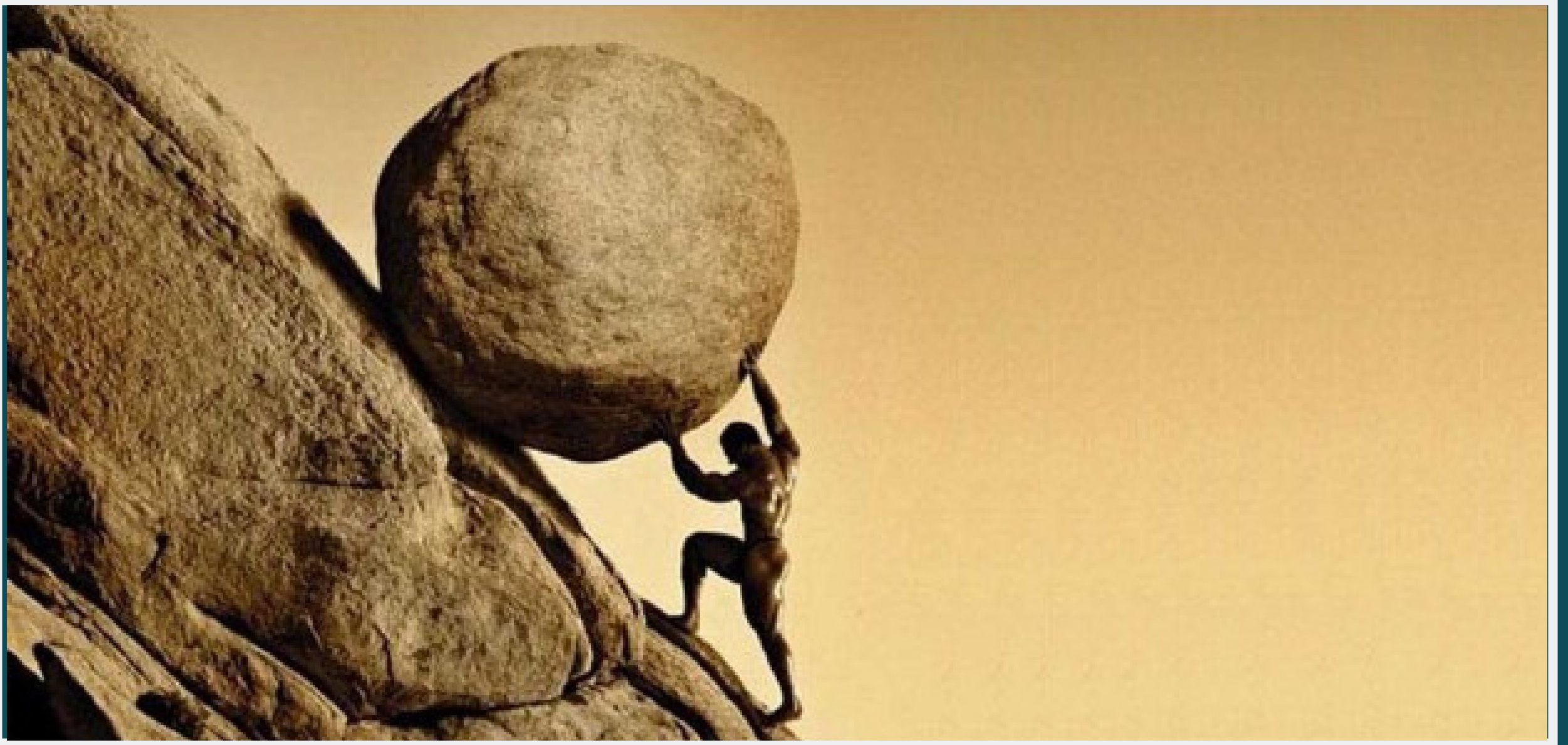
From the needs of people, opportunities abound.

Your task is to identify those opportunities, deliver your services and fulfill the needs of people.

When you are pursuing your Life Purpose, an overarching sense of wellbeing and satisfaction prevails and you just know you are on the right path.

Going for it!

No-one said it was going to be easy,
if it was, it probably wouldn't be
worthwhile pursuing!



There will be challenges along the way, but I beg you, don't give up!

You can take control of your life, fill it with passion, purpose and add value to your own life and the lives of others.

In essence, you owe it to yourself to identify your Life Purpose and relentlessly pursue it.

Your happiness, wellbeing and personal satisfaction are dependent on you fulfilling what it is you came here to do.

Your life is in your hands and a life worth living is a gift in itself.

You deserve it!

Rick Pursell



If you get stuck or need further help after reading this eBook, then please feel free to contact me.

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Rick is a Retreat Leader, Life & Spiritual Coach, Conscious Business Coach, Author and TEDx Speaker.